

SECOND
ANNUAL REPORT

OF THE
COMMITTEE OF VISITORS

OF THE
CITY OF LONDON LUNATIC ASYLUM,

AT
STONE NEAR DARTFORD
IN THE COUNTY OF KENT.



January Quarter Sessions, 1868.

LONDON:

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COMMITTEE OF VISITORS

*Appointed by the Court of Quarter Sessions holden by adjournment on
26th January, 1867.*

SAMUEL WILSON, Esq., Alderman, Chairman.
The Right Hon. Sir THOMAS GABRIEL, Bart., Lord Mayor.
WILLIAM TAYLOR COPELAND, Esq., Alderman.
Sir JAMES DUKE, Bart., Alderman.
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THOMAS CHALLIS, Esq., Alderman.
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WARREN STORMES HALE, Esq., Alderman.
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The Right Hon. RUSSELL GURNEY, Q.C., M.P., Recorder.
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ANDREW LUSK, Esq., M.P., Alderman.
DAVID HENRY STONE, Esq., Alderman.
WILLIAM JAMES RICHMOND COTTON, Esq., Alderman.

City of London Lunatic Asylum,

STONE NEAR DARTFORD.

ANNUAL REPORT

OF

THE COMMITTEE OF VISITORS,

1867.

To Her Majesty's Justices of the Peace for the City of London
in General Quarter Sessions assembled, by adjournment,
at the Guildhall in the said City, on Saturday the 1st day
of February, 1868.

THE Committee have the pleasure of reporting that the state
and condition of the Asylum have been progressing in a very
favourable manner during the past year, and that the health of
the patients generally has been very satisfactory,

That at the commencement of the year 1867 there were 212
patients in the Asylum: that during the year 114 other patients
were received from the several City Unions, and also from the
Kent County Asylum, in pursuance of the existing contracts,
making a total of 326. Of this number, 10 males and 15 females
were discharged recovered, 1 male and 1 female discharged relieved,
1 male and 6 females discharged not improved, and 15 males and
7 females died: leaving in the Asylum at the end of the year, 130
males and 140 females, making a total of 270 patients.

The lowness of the surrounding walls of the Asylum has been brought under the consideration of the Committee by a communication from the vicar and inhabitants of Stone and its vicinity ; and it is in contemplation to apply to the Court to sanction the expense of elevating the walls, so that all future cause of complaint on this subject may be avoided.

In consequence of the Metropolitan Poor Act, 1867 (30 Vic. cap. 6), enacting that the expenses of the maintenance of Lunatics in Asylums, Registered Hospitals, and Licensed Houses in the metropolis, except such as are chargeable on the County Rate, shall be chargeable upon the Metropolitan Common Poor Fund, instead of upon the several Unions as heretofore, notice has been received from the Board of Guardians of two of the City Unions, intimating their intention of sending a large number of patients, now maintained in the Workhouses of their several Unions, to the Asylum. In the event of that being carried out, it is feared that the existing accommodation will be found insufficient, and that it will be absolutely necessary to enlarge the building.

The Commissioners in Lunacy visited the Asylum on the 7th of August last, and a copy of the entry made in the Visitors' Book on that occasion is appended. Several of the suggestions made by them in that entry, and in their previous one of the 6th of November, 1866, have been adopted and carried out ; and others are under consideration.

The failure of a proper supply of water, which caused much anxiety last year, compelled the Committee to deepen the well several feet, and form lateral chambers to act as reservoirs for the water at the bottom thereof: a work which was attended with such success that an ample supply of water has ever since been obtained.

For further information respecting the management and statistics of the Asylum, the receipt and expenditure, reference is made to

the accounts and tables appended; for information as to the treatment of the patients, reference is made to the Report of the Medical Superintendent also appended.

The Committee, in conclusion, have great pleasure in bearing testimony to the satisfactory manner in which Dr. Jepson, the Medical Superintendent, and the officials generally, have discharged their various duties during the past year.

Dated this 24th day of January, 1868.

SAMUEL WILSON, Chairman.
ROBT. W. CARDEN,
WM. A. ROSE,
JAS. CLARKE LAWRENCE,
ROBERT BESLEY,
ANDREW LUSK.

Copy of Entry made by
THE COMMISSIONERS IN LUNACY
in the Visitors' Book of the Asylum.

CITY OF LONDON ASYLUM,

7th August, 1867.

UPON our visit this day, we have inspected the Asylum in all its departments; and, with the exception of one man, absent on leave, have seen all the patients.

In the absence of Dr. Jepson, we were shown over the Institution by Mr. Stuckey, who has performed the duties of Assistant Medical Officer since the retirement of Mr. Husband, about three months ago. He is acting only temporarily, and will be succeeded early in September by Mr. Adams, of St. Bartholomew's Hospital.

We have to report the following as the changes in the patients since the visit of our colleagues, 6th of November last, and their present numbers.

	<i>M.</i>	<i>F.</i>	<i>Total.</i>
Admitted	39	48	87
Discharged and removed ..	9	14	23
„ of whom recovered	8	10	18
Died (all from ordinary causes)	9	5	14
<hr/>			
Present numbers	127	131	258

The Asylum was erected for 250 patients, so that the actual number is in excess of the estimated accommodation.

In reference to chargeability, the patients are distributed as follows :

		<i>M.</i>	<i>F.</i>	<i>Total.</i>
Corporation of London	..	18	19	37
City of London Union	..	15	38	53
East London Union	25	39	64
West London Union	..	11	10	21
Northampton Union	..	1	—	1
Kent County Asylum	..	56	25	81

The ordinary rate is 14s. per week, which has been the charge since the opening of the Asylum in April, 1866.

The sanitary condition of the Asylum appears to be satisfactory ; there has not since the last visit been therein any disorder of an epidemic character. We found only four patients in bed.

No patient was in seclusion, according to the Medical Journal ; the patients secluded since the last visit have been 14 in the male division and 13 in the female, the former altogether on 30, and the latter on 19 occasions.

With some exceptions, in the Wards No. 2 in the male division, and No. 8 in the female, the patients were quiet and orderly, and their personal condition, as to clothing and otherwise, was satisfactory.

In the Wards last referred to, many of the patients were unruly and noisy, and several of the women were crouching upon the ground, a habit which it should be a special duty of the nurses to correct.

We noticed a considerable number of patients wearing strong and special dresses of an unsightly character, secured by locks and belts. We urgently recommend the disuse of all such obsolete contrivances ; and we further suggest the removal, from time to

time, of patients of the worst class for the benefit of association with the quiet and orderly, in preference to congregating them together as a class.

The Staff of Attendants appears to be good and sufficient.

We have to report very favourably of the clean state and proper order of the several galleries and rooms, beds and bedding.

We saw the patients, 135 in number, viz., 78 men and 57 women, assembled in the hall at dinner, which was comfortably served; and their demeanour and aspect were creditable to the Institution, and to the attendants more immediately responsible for their personal charge.

On the Sunday before our visit, the chapel attendance was as follows :

					A.M.	P.M.
Males	68	64
Females	64	31

The average attendance on week days is 50 on the male side and 20 on the female.

According to the Ward returns on the 5th instant, 67 males and 57 female patients were usefully employed.

The system of night attendance is reported to work very satisfactorily.

In reference to some observation and suggestions contained in the last Report, we have to state as follows :

1. There is now an ample supply of good water.
2. Attention has been given to the state of the drains noticed.
3. A good dietary has been adopted.
4. The airing courts in connexion with the worst Wards

remain in a rough and unfinished state, neither laid out, turfed, nor planted. The only improvement in these comfortless courts has been the erection in each of a small summer-house, or sun-shade. There is no sunshade in either of the better airing-grounds.

5. The internal walls throughout continue as before, and we again recommend that they be plastered as soon as practicable; and, in the mean time coloured and papered.

6. No steps have as yet been taken towards lowering the windows in the men's workshops.

In the course of our inspection, our attention was drawn to the inconvenient arrangement of the Baths, which, with one exception, are half sunk below the floor.

The Store-rooms for meat and other articles of consumption are rendered dark and close by the very narrow areas and gratings; and we suggest, as an easy remedy, the formation of slopes, at all events opposite the windows.

R. W. S. LUTWIDGE,
ROBERT NAIRNE,

Commissioners in Lunacy.

A detailed Statement of Payments, for the year ending
31st December, 1867.

<i>Provisions.</i>					£	s.	d.	£	s.	d.
Meat	1,362	18	5			
Flour	774	2	3			
Groceries	1,051	12	0			
Tea	23	8	5			
Milk	184	1	8			
Beer	527	3	0			
Potatoes	48	0	0			
Farm	104	9	3			
								4,075	15	0
<i>House and other Expenses.</i>										
Wood	22	3	6			
Coals	716	14	8			
Coke	68	0	0			
Gas	309	12	7			
Soap	120	14	6			
Brooms, Brushes, &c.	25	15	6			
Earthenware	17	8	10			
Ironmongery	232	19	9			
Bedding, Furniture, &c.	419	19	4			
Postages and Stationery	45	14	9			
Printing, &c.	86	7	6			
Carriage of Goods	31	13	7			
Patients on Trial	39	4	0			
Removal of Patients		7	3			
Funeral Expenses	30	8	0			
Books and Periodicals	34	8	2			
Rates, &c.	49	16	5			
Expenses of additional sinking of Well	236	12	0			
								2,488	0	4
Clothing				789	7	4
<i>Salaries and Wages.</i>										
Officers Salaries	888	12	11			
Attendants and Servants Wages	1,241	11	6			
								2,130	4	5
<i>Medicines, &c.</i>										
Drugs, &c.	70	8	5			
Wine, Spirits, and Porter	162	0	3			
								232	8	8
Incidentals				80	10	3
<i>Repairs, &c.</i>										
Labour	152	15	7			
Timber	117	16	8			
Iron	23	2	9			
Bricks, Lime, Cement, &c.	51	19	6			
Glass	17	6	5			
Paint	14	17	7			
Sundries	12	4	6			
								390	3	0
Examined,										
SAMUEL WILSON, Chairman.								£10,186	9	0
JAMES CLARKE LAWRENCE.										
ROBERT BESLEY.										

* The Accounts of the Kent Asylum are made up to the last day of February, May, August, and November respectively.

SAMUEL WILSON, *Chairman*.
JAMES CLARKE LAWRENCE.
ROBERT BESLEY.

R E P O R T
OF
THE RESIDENT PHYSICIAN AND MEDICAL
SUPERINTENDENT.

THE Medical Superintendent has the honour to lay before the Committee of Visitors his second Annual Report.

On the 1st of January, 1867, there were in the Asylum 212 patients, viz., 107 males and 105 females (including one absent on trial); during the year, 50 males and 64 females have been admitted; 27 males and 29 females have been discharged, or have died; leaving a residue of 130 males and 140 females, total 270, on the books of the Asylum this day.

The average numbers resident have been, males 123, females 130, mean total 253.

Of those admitted, two had been under treatment here previously, and discharged as recovered; both have again left, the relapse in each case proving but temporary,

By the appropriation of several rooms, hitherto unused, which had been prepared in excess for the occupation of the domestic servants, additional accommodation has been afforded, and the number of beds increased from 250 to 276, a proportionate number of patients being thereby enabled to be received from the overcrowded Asylum of the County of Kent. Of these, there have been admitted 35 males and 34 females, leaving 15 males and 30 females to be supplied by the London Unions, the relative numbers received from each being as follows; viz., from the

City of London Union, 7 males and 11 females, total 18; from the East London Union, 5 males and 12 females, total 17; from the West London Union, 1 male and 5 females, total 6; and chargeable to the funds of the Corporation 2 males and 2 females, total 4, including 2 criminals, one of each sex, removed by order of the Home Secretary from the State Asylum at Broadmoor, under "The Criminal Lunatics Act, 1867," the period for which they had been sentenced having expired.

Of those who have left the Asylum, 10 males and 15 females, total 25, have been discharged as recovered; 1 male and 1 female as relieved; 1 male and 6 females as not improved.

The rate of mortality has been high in comparison with that of last year, the number of deaths amounting to 22, viz., 15 males and 7 females. There has been, however, among the patients a large proportion of aged and infirm persons, many of them affected with general paralysis, and 7 males and 2 females have died from this cause alone; 2 males died of apoplexy; 1 female of epilepsy; 1 male from the exhaustion of mania; 1 male and 1 female from inflammation of the lungs and pleuræ; 1 male and 1 female from pulmonary consumption; 1 male and 1 female from disease of the heart; 1 female from cancer; 1 male from general debility and old age; and 1 male from asphyxia, through rolling on to his face in a fit, when in bed. The circumstances of this case were specially reported to the Coroner, who decided that it was unnecessary to hold an inquest.

Three casualties of a serious nature occurred during the year, each case being fracture of the left thigh; two of the accidents happened to the same patient, a female in a bad state of health affected with epilepsy. On the first occasion, when falling in a fit, she pulled a table on to her; the thigh, fractured high up, healed well, and she was soon able to go about on crutches; but, falling out of bed when under the influence of another seizure, she again broke the same thigh, this time through its lower third. Her life

was in great danger for some time, but with careful nursing she recovered, and complete union of the bone has again taken place.

The other case was that of a male patient, also an epileptic, of a very quarrelsome disposition, much addicted to fighting and making sudden and unprovoked attacks upon those around him. He struck an Attendant who was in the act of stooping near him ; the attendant, to save himself from further violence, pushed the patient away, and he falling over the arm of a settee, with his leg flexed under him, sustained the injury alluded to. The particulars of the accident were fully investigated by the Committee, who came to the conclusion that it was an unavoidable one.

No epidemic has visited the Asylum during the past year, and the health of the inmates has been on the whole very satisfactory.

During the absence on leave of the Medical Superintendent in August last, the annual visit of two of the Commissioners in Lunacy was paid : their Report, a copy of which is appended, was carefully considered by the Committee.

The occupation of the patients, a most valuable remedial agent in the treatment of insanity, has been diligently persevered in, and much beneficial result has followed. This remark applies more especially to the males ; for among the females, it is a matter of regret to observe that a great disinclination to useful employment exists, and there is difficulty in carrying out even the necessary repairs to the linen, &c. Many of the patients are, unhappily, such indifferent needlewomen, as to be utterly unable to render any assistance, even were they so inclined. In order, however, to encourage or excite any latent industry, a Sewing Machine has recently been introduced, and one of the Wards set apart as a special work-room for such of the more orderly patients as are capable of appreciating its comforts.

Next in importance to employment as a means of restoration of the impaired mental faculties, stands the system of recreation, so extensively adopted in all Asylums as tending to divert the mind from brooding over the fallacies of a distorted brain. Weekly balls, varied with occasional concerts during the winter months, and cricket matches, followed by dancing on the green in the summer time, have formed the main amusements during the past year. The great zest with which these are entered into sufficiently indicates their value and importance.

The anniversary of the opening of the Asylum was celebrated by a bountiful supply of roast beef and plum pudding being served out at dinner time, and by a concert and ball given in the evening, when the patients were regaled with plum cake and spiced ale, to their great satisfaction. Some out-door amusements had been projected, but were not carried out in consequence of the inclemency of the weather. A similar entertainment was provided on Christmas Eve.

The practice of allowing patients to visit their friends for periods varying from one day to a week, or even more, recommended by the Commissioners in Lunacy, has been carried out during the past year in numerous instances, and in some cases with the most marked improvement in those to whom leave of absence has been accorded; two recoveries at least are clearly traceable to the enjoyment of this indulgence. On no occasion has a patient failed to return at the termination of the prescribed period.

Among other improvements which have been carried out during the past year may be noticed the fixing in all the Wards, and in the main building, of water-pipes with india-rubber hose attached, in lengths of from forty to sixty feet each, to be used in case of fire; and as the supply of water from the well is now abundant for all purposes, it is to be hoped that, should a fire unfortunately break out, the means at hand may prove sufficient to keep it in

check until additional assistance arrives ; or, in a slight case, to extinguish it altogether.

Divine Service has been performed daily by the Chaplain to very orderly and attentive congregations. The average numbers present have been, on

				<i>M.</i>	<i>F.</i>	<i>Total.</i>
Sundays	..	Morning	..	67	40	107
„		Evening	..	62	33	95
Week Days	45	22	67

The Statistical Tables appended are prepared according to a form now very generally adopted in Asylums, suggested after careful deliberation by the Medico-Psychological Association, with a view of obtaining an uniform system of tabulation throughout the kingdom, from which much useful information may be gathered. In compiling them, Mr. Adams, the Assistant Medical Officer, has rendered valuable assistance, with the willingness which characterizes the performance of the whole of his duties.

In conclusion, the Medical Superintendent desires to acknowledge the cheerful co-operation of all the other Officers during the year which has passed, and the general good conduct of the Attendants and Servants.

OCTAVIUS JEPSON, M.D.

January 1st, 1868.

STATISTICAL TABLES.

TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths,
during the year 1867.

						Male.	Female.	Total.
In Asylum, 1st January, 1867	107	105	212
Admitted for the first time during the year 1867	M.	F.	T.		
	50	62	112		
Re-admitted during the year	2	2		
Total admitted	50	64	114
Total under care during the year	157	169	326
Discharged or removed :				M.	F.	T.		
Recovered	10	15	25		
Relieved	1	1	2		
Not improved	1	6	7		
Died	15	7	22		
Total discharged and died during the year	27	29	56
Remaining in the Asylum, December 31st, 1867	130	140	270
Average number resident during the year	123	130	253

TABLE II.

Showing the Admissions, Re-admissions, and Discharges from the
opening of the Asylum to the present date, 31st Dec. 1867.

						Male.	Female.	Total.
Persons admitted during the period of $1\frac{9}{12}$ years	162	170	332
Re-admissions	2	2
Total of cases admitted	162	172	334
Discharged or removed :				M.	F.	T.		
Recovered	11	16	27		
Relieved	2	2	4		
Not improved	2	6	8		
Died	17	8	25		
Total discharged and died during the $1\frac{9}{12}$ years	32	32	64
Remaining December 31st, 1867	130	140	270
Average number resident during the $1\frac{9}{12}$ years	103	111.6	214.6

TABLE III.

Showing the Admissions, Discharges, and Deaths, with the mean annual mortality and proportion of Recoveries *per cent.* of the Admissions for each year since the opening of the Asylum.

YEAR.	ADMITTED.			DISCHARGED.						DIED.			Remaining 31st December in each year.			Average Number Resident.			Per-centage of Recoveries on Admission.			Per-centage of Deaths on Average Number Resident.					
	Male.	Female.	Total.	Recovered.		Relieved.		Not improved.		Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Both Sexes.	Male.	Female.	Both Sexes.			
				Male.	Female.	Total.	Male.	Female.	Total.																Male.	Female.	Total.
1866	112	108	220	1	1	2	1	1	2	1	-	1	2	1	3	107	105	212	73.9	84.9	158.8	.89	.92	.90	2.7	1.17	1.88
1867	50	64	114	10	15	25	1	1	2	1	6	7	15	7	22	130	140	270	123	130	253	20	23.4	21.9	12.19	5.38	8.69
Total	162	172	334	11	16	27	2	2	4	2	6	8	17	8	25												

TABLE IV.

Showing the history of the Annual Admissions since the opening of the Asylum, with the Discharges and Deaths, and the numbers of each year remaining on the 31st December of the year reported on.

Admitted.				Of each year's Admissions, Discharged and Died in 1866.								Total Discharged and Died of each year's Admissions to 31st December, 1867.								Remaining of each year's Admissions 31st December, 1867.									
Year.	New Cases.		Relapsed Cases.		Reeovered.		Relieved.		Not improved.		Died.		Reeovered.		Relieved.		Not improved.		Died.		Male.	Female.	Total.						
	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.				Total.					
1866	112	108	-	-	5	8	13	-	1	1	-	2	2	5	17	1	2	3	1	2	3	14	6	20	90	89	179		
1867	50	62	-	2	5	7	12	1	1	4	2	5	7	12	5	1	-	1	4	5	3	2	5	40	51	91			
Total	162	170	-	2	10	15	25	1	1	6	7	15	7	22	11	16	27	2	2	4	2	6	8	17	8	25	130	140	270

Summary of the Total Admissions, 1866-67.						
Per-centage of cases		Recovered	Relieved	Not improved	Dead	Remaining
6.79	9.3	8.08
1.23	1.16	1.19
1.23	3.49	2.39
10.49	4.45	7.48
80.26	81.6	80.86
100	100	100

TABLE V.

Showing the causes of Death during the year.

Causes of Death.						Male.	Female.	Total.
<i>Cerebral or Spinal Disease.</i>								
Apoplexy and Paralysis		2	...	2
Epilepsy and Convulsions	1	1
General Paresis		7	2	9
Maniacal excitement		1	...	1
<i>Thoracic Disease.</i>								
Inflammation of the Lungs, Pleuræ, and Bronchi		1	1	2
Pulmonary Consumption		1	1	2
Disease of the Heart		1	1	2
Cancer	1	1
General Debility and old age		1	...	1
Asphyxia, through rolling on the face in a fit		1	...	1
Total						15	7	22

TABLE VI.

Showing the length of Residence in those Discharged, Recovered, and in those who have Died during the year.

Length of Residence.				Recovered.			Died.		
				Male.	Female.	Total.	Male.	Female.	Total.
From 1 to 3 months		2	2	4	1	...	1
From 3 to 6 months		3	4	7	5	2	7
From 6 to 9 months		3	5	8	...	1	1
From 9 to 12 months	1	1	2	1	3
From 1 to 2 years		2	3	5	7	3	10
Total	10	15	25	15	7	22

TABLE VII.

Showing the duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths during the year.

Class.	Duration of Disease on Admission, in Four Classes.											
	ON ADMISSION.			RECOVERED.			REMOVED, RELIEVED, OR OTHERWISE.			DIED.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
<i>First Class.</i> First attack, and within three months on admission	13	19	32	5	9	14	1	3	4	2	1	3
<i>Second Class.</i> First attack, above three, and within twelve months on admission	7	...	7	1	...	1	1	...	1	2	...	2
<i>Third Class.</i> Not first attack, and within twelve months on admission	3	10	13	2	5	7	...	1	1	4	...	4
<i>Fourth Class.</i> First attack or not, but of more than twelve months on admission	27	35	62	2	1	3	...	3	3	7	6	13
Total	50	64	114	10	15	25	2	7	9	15	7	22

TABLE VIII.

Showing the Ages of the Admissions, Discharges, and Deaths, during the year.

Ages.	The Admissions.			The Discharges.				The Deaths.		
				RECOVERED.		REMOVED, RELIEVED, OR OTHERWISE.				
	Male.	Female.	Total.	Male.	Female.	Male.	Female.	Male.	Female.	Total.
From 5 to 10 years
" 10 " 15	5	2	7	1	2	...	1	1
" 15 " 20	12	11	23	2	...	2	...	2	3	5
" 20 " 30	12	20	32	5	11	6	...	6
" 30 " 40	11	15	26	2	3	...	3	4	1	5
" 40 " 50	6	9	15	...	1	...	1	2	...	2
" 50 " 60	3	6	9	1	...	3
" 60 " 70	1	...	1
" 70 " 80	...	1	1
" 80 " 90
" 90 and upwards
Total	50	64	114	10	15	2	7	15	7	22

TABLE IX.

Condition as to Marriage, in the Admissions, Discharges, and Deaths, during the year.

Condition in reference to Marriage.				The Admissions.			The Discharges.						The Deaths.		
							RECOVERED.			REMOVED, RELIEVED, OR OTHERWISE.					
										Male.	Female.	Total.			
Single	23	39	62	4	6	10	...	2	2	3	4	7
Married	16	16	32	6	6	12	2	2	4	10	2	12
Widowed	7	5	12	...	3	3	...	2	2	2	1	3
Not ascertained	4	4	8	1	1			
Total			...	50	64	114	10	15	25	2	7	9	15	7	22

DIETARY TABLE.

Days of the Week.	BREAKFAST.				DINNER.												SUPPER.						
	Males.		Females.		Males.								Females.				Males.		Females.				
	Cocoa.	Bread.	Butter.	Cocoa.	Bread.	Beer.	Soup.	Pie.	Suet Pud- ding with Treacle.	Uncooked Meat with- out Bone.	Potatoes.	Bread.	Beer.	Soup.	Pie.	Suet Pud- ding with Treacle.	Bread.	Cheese.	Beer.	Bread.	Butter.	Tea.	
	Pts.	Oz.	Oz.	Pts.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Pts.
Sunday ...	1	6	1	1	7	4	7	12	4	1 1/2	6	2	1 1/2	5	1 1/2	1
Monday ...	1	6	1	1	7	4	7	12	4	6	2	1 1/2	5	1 1/2	1
Tuesday ...	1	6	1	1	3	6	1 1/2	3	...	6	1 1/2	6	2	1 1/2	5	1 1/2	1
Wednesday	1	6	1	1	7	4	7	12	4	10	6	2	1 1/2	5	1 1/2	1
Thursday	1	6	1	1	3	4	3	8	4	6	2	1 1/2	5	1 1/2	1
Friday ...	1	6	1	1	7	4	7	12	4	6	2	1 1/2	5	1 1/2	1
Saturday...	1	6	1	1	...	4	12	4	12	6	2	1 1/2	5	1 1/2	1
	7	42	3 1/2	7	34	30	1 1/2	10	12	34	56	30	3 1/2	1 1/2	10	12	42	14	3 1/2	3 1/2	35	3 1/2	7

The Extra Diet as per Summaries of Sick Lists.

THE DIET OF ATTENDANTS AND SERVANTS DAILY. *Male Attendants.*—Meat, uncooked, 1 lb. *Female Attendants*, ditto, $\frac{3}{4}$ lb. Vegetables, 1 lb. Bread, 1 lb. Beer, 2 pints. WEEKLY.—Butter, $\frac{1}{2}$ lb. Cheese, 1 lb. Sugar, $\frac{3}{4}$ lb. Tea, 3 oz. each.

NIGHT ATTENDANTS, 1 lb. of Coffee each *per* week in addition.

COCOA FOR TEN PATIENTS, 5 oz. Cocoa; 10 oz. Treacle; 2½ pints of Milk.

TEA ditto 1½ oz. Tea; 6½ oz. Sugar; 1½ ditto.

SOUP, the liquor of the cooked Meat, Bones, &c., with Meat, Oatmeal, Rice, Potatoes, Turnips, and Salt and Pepper added.

MEAT PIES, 10 oz. to each Male and Female Patient.

SUET DUMPLINGS with treacle sauce, to be varied by Currant Dumplings and Fruit Pies in the season.

At 11 a.m. and 4 p.m. 2 oz. Bread, 1 oz. Cheese, $\frac{1}{2}$ pint of Beer, to the Patients who are employed in Field-work and Laundry.

TOBACCO and SNUFF given as indulgences to the Patients who are employed in Field-work, &c., and to other Patients by order of the Medical Superintendent.

ESTABLISHMENT,
CITY OF LONDON LUNATIC ASYLUM,
31st December, 1867.

OFFICERS.				<i>Per Annum.</i>		
1	*Medical Superintendent	£400	0	0
1	Chaplain	200	0	0
1	†Assistant Medical Officer	100	0	0
1	†Clerk and Steward	140	0	0
1	†Housekeeper	50	0	0
<hr/> 5				£890	0	0
				<hr/>		

SERVANTS—MALES.

1	‡Head Attendant	at	£50	0	0	<i>per ann.</i>	50	0	0
6	‡1st Class Attendants	at	29	0	0	„	174	0	0
1	‡2d ditto ditto	at	24	0	0	„	24	0	0
2	‡ditto ditto ditto	at	22	0	0	„ each	44	0	0
1	‡Night ditto	at	30	0	0	„	30	0	0
1	‡Tailor	at	30	0	0	„	30	0	0
1	‡Upholsterer	at	30	0	0	„	30	0	0
1	‡House Porter	at	30	0	0	„	30	0	0
1	§Engineer	at	2	0	0	<i>per week</i>	104	0	0
1	Carpenter	at	1	10	0	„	78	0	0
1	Shoemaker	at	1	5	0	„	65	0	0
1	Baker	at	1	5	0	„	65	0	0
1	Gardener	at	1	5	0	„	65	0	0
1	Assistant Engineer	at	1	5	0	„	65	0	0
1	Store Porter	at	1	1	0	„	54	12	0
2	Labourers	at	0	18	0	„ each	93	12	0
1	Bricklayer engaged when required.								
							£1002	4	0

* With house, coals, gas, washing, and vegetables.

† With board, lodging, and washing.

‡ With board, lodging, washing, and uniform.

§ With lodging, coals, and gas.

|| With use of lodge, coals, and gas.

SERVANTS—FEMALE.

						£	s.	d.	
1	‡Head Attendant	at	£30	0	0	<i>per ann.</i>	30	0	0
5	‡1st Class Attendants	at	19	0	0	„ each	95	0	0
4	‡2d ditto, ditto	at	15	0	0	„ „	60	0	0
1	‡Night ditto	at	20	0	0	„	20	0	0
1	‡Head Laundress	at	20	0	0	„	20	0	0
1	‡Under ditto	at	16	0	0	„	16	0	0
1	‡ditto, ditto	at	15	0	0	„	15	0	0
1	‡Cook	at	25	0	0	„	25	0	0
1	‡Housemaid	at	14	0	0	„	14	0	0
1	‡Kitchenmaid	at	14	0	0	„	14	0	0
1	‡Scullerymaid	at	10	0	0	„	10	0	0
<hr/>							<hr/>		
18							319	0	0
24							1002	4	0
5							890	0	0
<hr/>							<hr/>		
47							£2211	4	0
<hr/>							<hr/>		

‡ With board, lodging, washing, and uniform.

† With board, lodging, and washing.

R. R. DWELLY,

Clerk and Steward.

STEWARD'S RETURNS.

A Return of Bedding and Clothing issued from the Stores for
the year ending 31st December, 1867.

MALES.				FEMALES.			
Blankets	33	Blankets	82
Counterpanes	24	Counterpanes	8
Strong Rugs		Strong Rugs	7
Sheets	71	Sheets	57
Ditto Macintosh	4	Ditto Mackintosh	6
Pillow Cases	28	Pillow Cases	71
Bolsters	4	Bolsters	2
Feather Pillows	1	Feather Pillows	1
Towels	69	Towels	84
<hr/>				<hr/>			
Jackets	120	Gowns	189
Waistcoats	99	Chemises	67
Ditto tie	9	Ditto Flannel	18
Trousers	68	Petticoats ditto	36
Ditto Canvas	9	Petticoats, Linsey	30
Drawers Flannel	26	Drawers	18
Shirts	113	Woollen Shawls	42
Ditto Ticken	10	Jackets and Cloaks	10
Ditto Flannel	58	Aprons and Pinafores	124
Neckerchiefs	214	Ditto Waterproof	20
Pocketkerchiefs	179	Pocketkerchiefs	48
Hats and Caps	388	Bonnets	84
Braces, pairs	153	Jean Stays, pairs	51
Stockings, ditto	275	Stockings ditto	168
Boots and Shoes, ditto	148	Boots and Shoes, ditto	198

A Return of Clothing, &c., made up by the Female Patients
for the year ending 31st December, 1867.

Aprons	78	Towels	228
Chemises	107	Dusters	114
Gowns	175	Table Cloths ..	26
Drawers	22	Ditto Napkins ..	6
Shirts	30	Sheets	142
Vests	12	Pillow Cases ..	85
Petticoats	54	Blankets hemmed ..	58
Pocketkerchiefs ..	90	Table Covers, ditto ..	7
Neckerchiefs ..	240	Bonnets Trimmed ..	30
Cloaks	19	Boots bound ..	85

Repairs.

Gowns	80	Shirts	3500
Chemises	100	Hose	960
Flannels	1000	Sundries	750

TAILORS.

NEW WORK.			REPAIRS.		
Jackets	117		Jackets	426	
Waistcoats	110		Waistcoats	446	
Trousers	59		Trousers	934	
Ticken Frocks ..	12		Ticken Frocks ..	37	
Cloth Boot Uppers, prs.	6		Strong Rugs ..	3	
Sundries	7		Sundries	3	

SHOEMAKERS.

NEW WORK.		REPAIRS.	
Leather Boots, pairs	72	Leather Boots, pairs	234
Ditto Shoes, ditto ..	69	Ditto Shoes, ditto ..	551
Cloth Boots, ditto ..	26	Cloth Boots, ditto ..	105
Canvas ditto, ditto ..	40	Canvas ditto, ditto ..	42
Lock Straps ..	27	Sundries	12

UPHOLSTERER.

Mattresses re-stuffed	87	Mattress Cases ..	31
Bolsters ditto ..	36	Strong Rugs ..	39
Small Mattresses ..	45	Carpets	58
Strong Rugs ..	3	Settees	63
Kneeling Boards ..	7	Bagatelle Boards ..	4
Sackings	31	Window Blinds ..	17
Chair Cushions ..	6	Sundries	387

R. R. DWELLY,

Clerk and Steward.

CONSUMPTION OF PROVISIONS

for the year ending 31st December, 1867.

Number of Officers and Servants	36
„ Male Patients	130
„ Female Patients	140
Total	<u>306</u>

Meat—Bacon	2,251	lbs.
Beef and Mutton	48,483	lbs.
Pork	1,577	lbs.
Beer	15,033	gallons.
Bread	112,421	lbs.
Butter	5,380	lbs.
Cheese	9,260	lbs.
Cocoa	2,541	lbs.
Coffee	112 $\frac{1}{2}$	lbs.
Eggs	7,305	number.
Flour	76,810	lbs.
Potatoes	807	bushels.
Oatmeal	384	lbs.
Sugar	5,230 $\frac{1}{2}$	lbs.
Tea	1,054 $\frac{1}{2}$	lbs.
Treacle	6,068	lbs.
Milk	3,573 $\frac{1}{2}$	gallons.
Porter	11,876	pints.
Wine	104 $\frac{8}{12}$	bottles.
Brandy	317 $\frac{6}{12}$	bottles.
Gin	30 $\frac{10}{12}$	bottles.
Tobacco	368	lbs.
Snuff	25 $\frac{1}{4}$	lbs.

R. R. DWELLY,

Clerk and Steward.

Printed by ARTHUR TAYLOR 39, Coleman street.